

If it tastes
good then
I'll eat it



Youth Food Conversation

March 2025

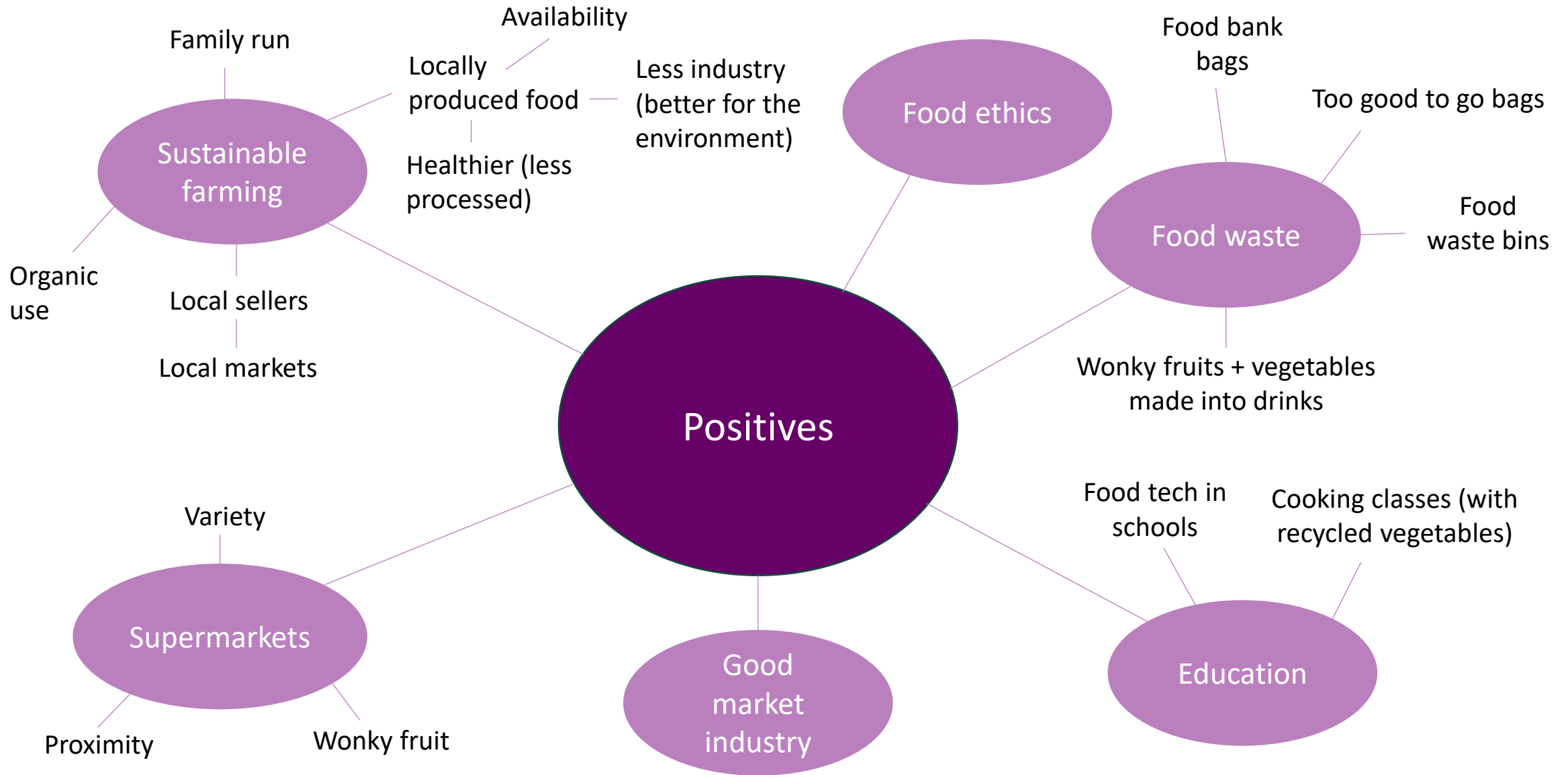
What is The Food Conversation?

In March 2023, the [People's Plan for Nature](#) made recommendations for urgent action to protect and renew nature. In response to this the [Food, Farming and Countryside Commission](#) (FFCC) proposed a plan to hold a national conversation on food, asking people what they expect from government and business and how the food system can deliver more for health, nature and climate.

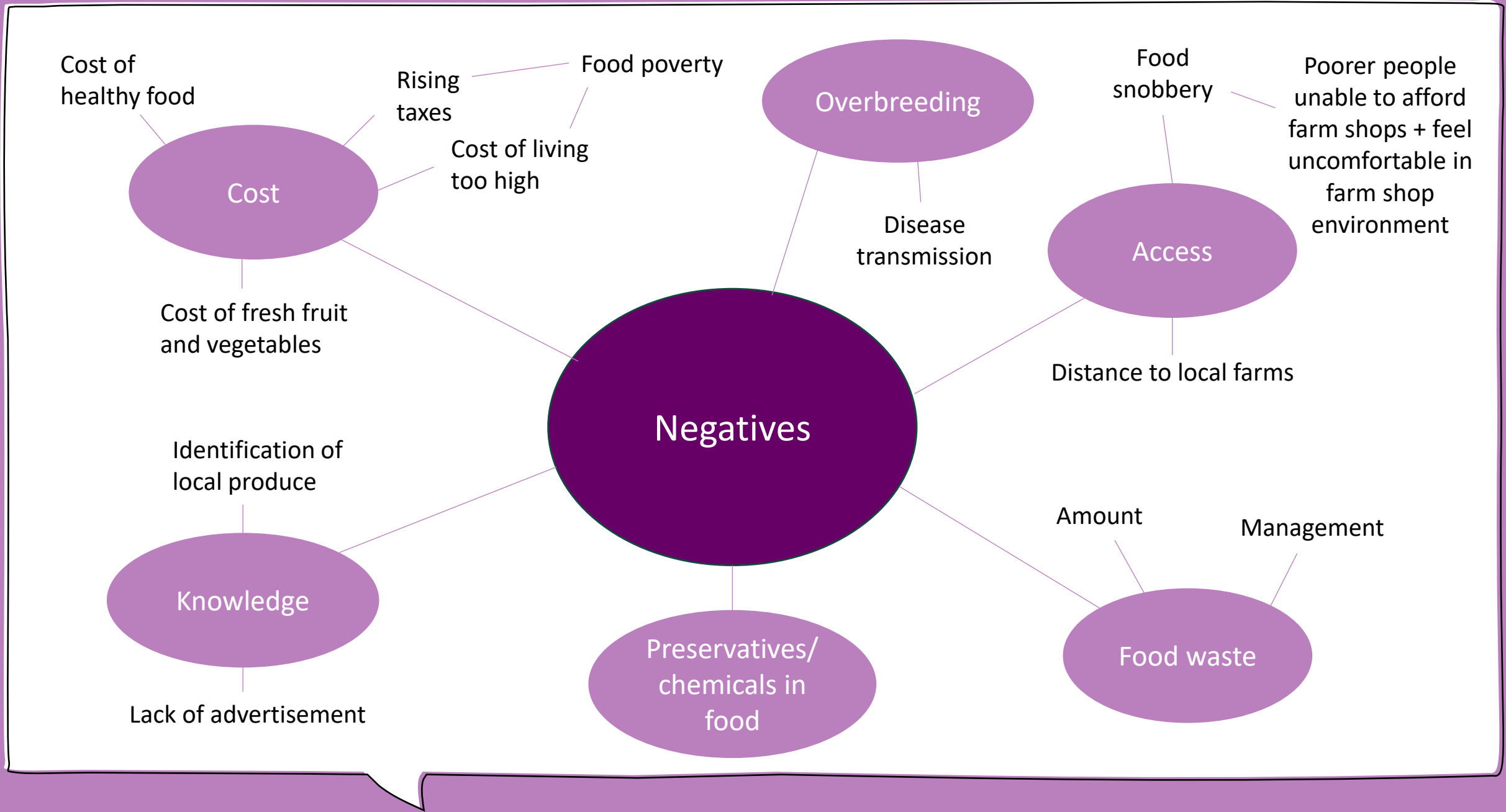
Food is at the heart of some of the biggest challenges we face. Issues such as food security, ill health related to diet and the impact of food production on nature and the climate have all been apparent in the media.

We wanted to hear what young people really thought about food and their thoughts on how the current food system in the UK could be improved. We contacted multiple youth groups across Dorset with a list of questions raised through the FFCC's Food Conversations. We had responses from Dorchester Youth Council and Portland Youth Council. This report sets out the responses.

Question 1: What do you think works in the food system in Dorset? (positive things)



**Question 2: What do you think doesn't work
in the food system in Dorset? (negative
things)**



Question 3: What small change would you like to see locally to help fix what does not work in the food system, which you or people you know could do?



Question 4: What other changes would you like to see take place locally?



**Question 5: Nationally, what needs to change
with the food system?**



A special thank you to Dorchester Youth Council and Portland Youth Council for their contributions!



Thank you also to Dorchester Town Council and Island Community Action for getting their youth groups involved!

Next Steps

The discussions from the session will inform a range of work:

- The responses informed a workshop session at the Dorset LNP Annual Forum on 26 March 2025 where we discussed the solutions raised as a start for developing a local action plan.
- We will feed into the Food, Farming and Countryside Commission's Food Conversation programme, which we expect will inform the National Food Strategy being developed by Government in 2025.
- It will inform the Dorset National Landscape's Management Plan Review and work plans at Dorchester Town Council.
- We aim to arrange a youth event later in 2025 to bring young people together to discuss these issues and the action plan!

Read all our Food Conversation Reports at: www.dorsetlnp.org.uk/food-conversations

If you would like more information about our ongoing work, please [sign up to our mailing list here](#)